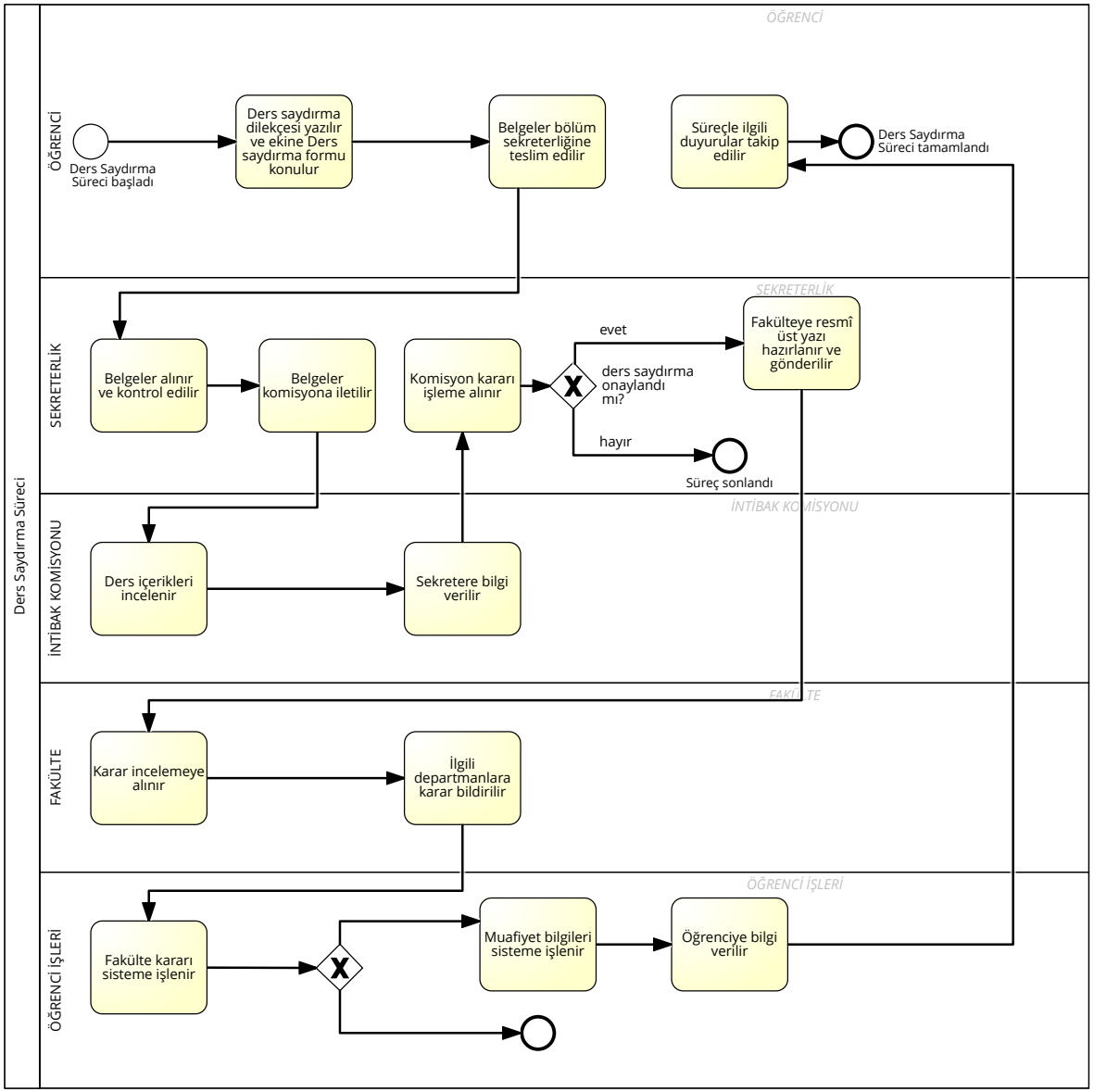Ders Saydırma Süreci