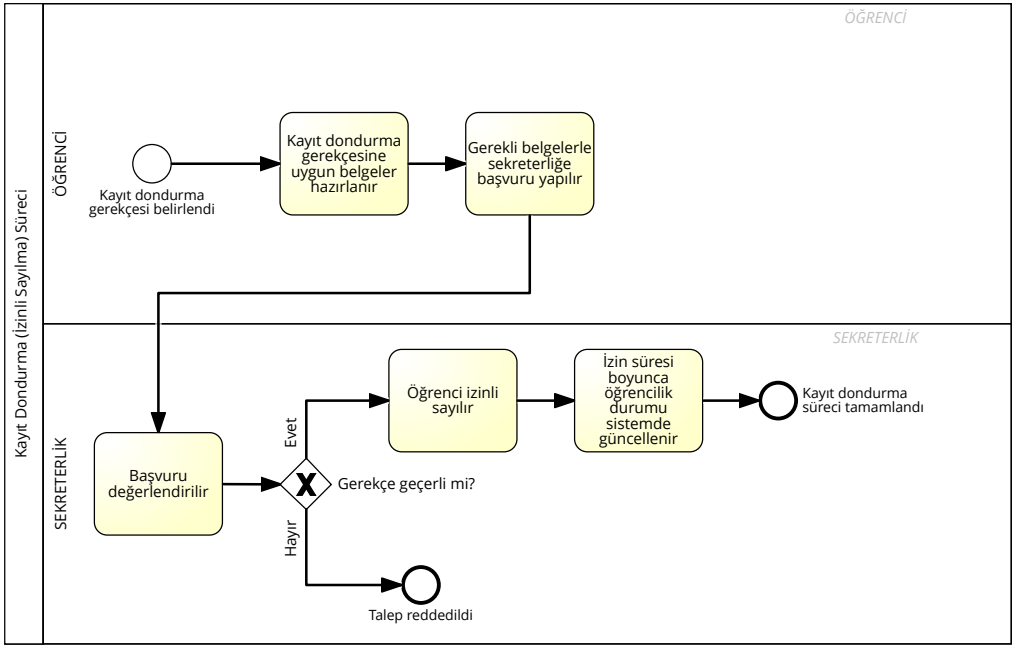Kayıt Dondurma (İzinli Sayılma) Süreci